INTRODUCTION:

Welcome to your Homemade Playdough Pack!

This playdough pack includes easy to make playdough recipes, fun playdough mats, and a list of fun ideas to add to your playdough play!

Feel free to use this pack with one kiddo or a whole group of playdough loving kids. You may copy activities as many times as you like for your class or groups, but please send your friends to grab their pack instead of sharing files.

~ Thank you
HOMEMADE PLAYDOUGH RECIPES

Here are six of our favorite, homemade, playdough recipes perfect for sensory play with kiddos. You can easily add fun themes for holidays or seasons to any of these recipes just by changing colors and accessories.

What's Included:

- Traditional Cooked Playdough Recipe
- No-Cook Playdough Recipe
- Edible Playdough Recipe
- Super Soft Playdough Recipe
- Cloud Dough Recipe
- Salt Dough Recipe
PLAYDOUGH MATS

Add extra fun to your playdough playtime with these simple to use playdough mats. Make sure to laminate them for extended play.

What’s Included:

- My self-portrait playdough mat
- My dinner plate playdough mat
- My cookie decorating tray playdough mat
PLAYDOUGH PLAY IDEAS

There are so many fun tools and accessories to add to your playdough play! Check out our fun list of ideas to change up your next playdough recipe and activity time.

The dollar store has round plastic party trays with dividers that are perfect for playdough. We love these trays for setting up playdough activities with different themes such as this apple one!
We hope you love our homemade playdough recipes. If you would like to read more about each playdough recipe or watch a short video, click on the images below.

Edible Playdough

Super Soft Playdough

No-Cook Playdough

Traditional Playdough
PLAYDOUGH RECIPE LINKS

We hope you love our homemade playdough recipes. If you would like to read more about each playdough recipe or watch a short video, click on the images below.

Cloud Dough

Salt Dough
NO-COOK PLAYDOUGH

YOU WILL NEED

- 2 cups of flour
- 1/2 cup of salt
- 3/4 cup of hot water
- 1 tablespoon of baby oil (or cooking oil)
- 2 tablespoons of cream of tartar
- Food coloring (optional)

HOW TO MAKE NO COOK PLAYDOUGH

1: Combine all the dry ingredients in a bowl and form a well in the center.

2: Add the baby oil and food coloring to the dry ingredients.

3: Add water and stir.

NOTE

This playdough is NOT edible, but it is taste-safe!

If you notice that the playdough looks a little runny, you might be tempted to add more flour. Before you do this, allow the mixture to rest for a few moments. That will give the salt a chance to absorb the extra moisture.

Feel your playdough before you add any additional flour. You likely won’t need any but if your dough is sticky, add an additional 1/4 cup of flour at a time.

PLAYDOUGH TIP

You can make a giant batch of plain colored homemade playdough, and then color each one separately. Simply form a lump of playdough into a ball and then make a well in the center of each ball. Squirt in a few drops of food coloring. Close up the well and get to work squishing. This may get a bit messy but can make for a fun color surprise.
Traditional Playdough

You will need

- 1 cup all-purpose flour
- 1/2 cup salt
- 2 tablespoons of cream of tartar
- 1 cup of water
- 2 tablespoons of vegetable oil
- Food coloring (optional)

How to make traditional playdough

1: Add the flour, salt, and cream of tartar to a medium mixing bowl and mix well. Set aside.

2: Add the water and vegetable oil to a medium saucepan. Heat until boiling and then remove from the stove top.

3: Add the flour mixture to the hot water and stir continuously until a stiff ball of dough forms. Remove the dough from the pan and place on your work center. Allow the playdough mixture to cool for 5 minutes.

4: Knead the dough until it is soft and pliable (about 3-4 minutes).

5: Add a few drops of food coloring to the dough.

Color mixing tip

For less messy hands, place pieces of playdough in sealed plastic bags and knead to distribute the color.
SUPER SOFT PLAYDOUGH

YOU WILL NEED

The ratio for this recipe is 1 part hair conditioner to two parts cornstarch. We used one cup and two cups, but you can adjust the recipe as desired.

- 1 cup of hair conditioner
- 2 cups of cornstarch
- Mixing bowl and spoon
- Food coloring (optional)

HOW TO MAKE SUPER SOFT PLAYDOUGH

1: Start by adding the shaving cream to a bowl.

2: If you want to add food coloring, now is the time. We made several colors of this 2 ingredient playdough easily and quickly.

3: Now, it's time to add the cornstarch to thicken your dough and give it that awesome playdough texture. You can start out mixing the conditioner and cornstarch with a spoon, but eventually you will have to switch to your hands.

4: Time to get your hands in the bowl and knead your playdough. Once the mixture is fully incorporated, you can remove the soft playdough and place it on a clean surface to finish kneading into a silky smooth ball.

Mixing Tip

The beauty of this 2 ingredient playdough recipe is that the measurements are loose. If the mixture isn't firm enough, add a pinch of cornstarch. But if the mixture is too dry, add a glob of conditioner. Find your favorite consistency. Make it an experiment.

Note

Inexpensive hair conditioner works perfectly. You can easily add food coloring as desired or leave plain. Some conditioners are naturally tinted. Keep in mind that conditioners vary in viscosity or thickness, so you may need to adjust the amount of cornstarch used.
**EDIBLE PLAYDOUGH**

**YOU WILL NEED**

The ratio for this recipe is one part frosting to one part of powdered sugar. You can use white or flavored or colored frosting. White frosting will allow you to make your own colors.

- 1 cup of frosting (flavored creates a nice scent)
- 1 cup of powdered sugar (cornstarch does work but is not as tasty)
- Mixing bowl and spoon
- Food coloring (optional)

**HOW TO MAKE EDIBLE PLAYDOUGH**

1: Start by adding the frosting to the bowl. You can add food coloring as desired.

2: If you want to add a few drops of food coloring, now is the time. We made several colors of this 2 ingredient edible playdough but also used a strawberry frosting for one batch.

3: Now add the powdered sugar to thicken your dough and give it that awesome playdough texture. You can start out mixing the frosting and sugar with a spoon, but eventually you will have to switch to kneading it with your hands.

4: Time to get your hands in the bowl and knead your playdough. Once the mixture is fully incorporated, you can remove the soft playdough and place it on a clean surface to finish kneading into a silky smooth ball.

**Mixing Tip**

The beauty of this 2 ingredient playdough recipe is that the measurements are loose. If the mixture isn’t firm enough, add a pinch of sugar. But if the mixture is too dry, add a glob of frosting. Find your favorite consistency, Make it an experiment!

**Note**

Although this playdough is completely edible, we **NEVER** suggest encouraging kids to eat it, but it’s taste safe for kids who love to put things in their mouth. Of course, it’s pure sugar as well.
CLOUD DOUGH

YOU WILL NEED

- Bin or container
- 5 cups of flour (we have used all different kinds including gluten-free and buckwheat)
- 1 cup of baby oil (or cooking oil for taste-safe)
- Play tools (we chose play dough accessories, kitchen tools and a small plastic bowl)

HOW TO MAKE CLOUD DOUGH

1: Measure, pour and mix. That's it! Add all ingredients to your sensory bin and mix them together.

2: You should be able to grab a chunk of the cloud dough, mold it and have it hold. If not, you may need more oil. If it’s too oily, add more flour.

3: Add tools and play accessories to your cloud dough and it’s time to play!

NOTE

This cloud dough recipe is not taste-safe! But you can easily make it taste-safe by switching baby oil for cooking oil.
**SALT DOUGH**

**YOU WILL NEED**
- 2 cups of flour
- 1 cup of salt
- 1 cup of water
- Baking pan
- Toothpick

**HOW TO MAKE SALT DOUGH**

1: Preheat the oven to 250 degrees.
2: In a large mixing bowl, combine the flour, water, and salt and mix well using a hand or stand mixer.

**MAKE A SALT DOUGH SEA STAR**

3: Form your dough into a small golf ball sized piece, break that into 5 pieces and roll them into log shapes.
4: Stick the 5 log pieces together to make a star.
5: Smooth out the star and use a toothpick to make a line in each star arm.
6: Use the toothpick to poke everywhere around the line indents on the star.
7: Bake for 2 hours and then let cool. Alternatively, leave the salt dough out to air-dry.

**TIPS**

You can make your salt dough ahead of time and store it for up to a week in zip-top bags. Though a fresh batch is always best to work with.

Salt dough can be painted either when it’s wet or dry. What color sea stars will you make?
DECORATE THE COOKIES WITH PLAYDOUGH
Create play food with playdough
CREATE YOUR FACE WITH PLAYDOUGH
50 Items to Use with Playdough

The dollar store is a great place to pick up items to add to a playdough kit or station. Adult supervision is recommended.

**From the Kitchen**
- small rolling pin
- cookie cutters
- plastic or play food utensils
- plastic cups
- plastic plates
- plastic bowls
- cookie baking trays
- spatula
- mini muffin tins
- muffin cups
- silicone baking molds
- potato masher
- mini pie pans

**From the Toy Box**
- plastic animals
- plastic figures
- building blocks
- plastic trinkets
- plastic Easter eggs
- pretend kitchen & play food accessories
- small cars and trucks (especially construction trucks)

**From the Craft Box**
- pipe cleaners
- Pony beads
- buttons
- Perler beads
- acrylic gems (vase filler)
- small craft shells (vase filler)
- small polished craft rocks (vase filler)
- sequins, glitter, or confetti
- fake flowers
- craft sticks
- pompoms
- googly eyes
- seasonal or holiday variations of above items to create themes

**From the Great Outdoors**
- sticks
- leaves
- pinecones
- rocks and shells
- flowers

**From Around the House**
- golf tees
- toothpicks
- straws
- fly swatter (adds texture)
- egg cartons
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